



Building capacity for teen pregnancy prevention and youth development.

## Three New Curriculum Options for WA PREP



As part of WA PREP's continued commitment to helping partners select curricula that best fit their communities, we have added three new evidence-based/evidence-informed curricula this past year: *Native VOICES*, *Native It's Your Game*, and *Special Education FLASH*.

[Native VOICES](#) is an engaging [23-minute video](#) and an accompanying facilitator toolkit, developed by the Northwest Portland Area Indian Health Board. WA PREP sites have several options for implementing *Native VOICES*, including a 75-minute lesson plan that includes the video and additionally required adult preparation subjects. While this curriculum was specifically designed for American Indian/Alaska Native (AI/AN) youth, partners can implement it with all youth. *Native VOICES* is intended for high school

## Evaluation Updates

Effective January 1, 2018, **all** project partners are required to collect attendance, **including schools!**

Please download and use the revised attendance template to document participant attendance and your program setting, as well as program reach to populations of special interest. Additionally, we have streamlined the Staff Perceptions Survey! Some items have also been updated to reflect changes in reporting requirements. Visit our [website](#) to download these new tools today.

## #MeToo and Sex Ed

2017 brought a renewed energy and urgency to the #MeToo movement, initially started by activist Tarana Burke in 2006. TIME magazine's honoring of The Silence Breakers as 2017's [Person of the Year](#) is just one example of how #MeToo has brought much-needed national attention to sexual harassment and assault.

Within your classroom and communities, you may be wondering how you can address #MeToo and talk with youth about preventing

students, but could also be used with 8<sup>th</sup>-grade students.

[\*Special Education FLASH\*](#) offers up to 28 lessons, developed by Public Health—Seattle & King County. The lessons were designed for students in self-contained special education classes in middle or high school and focus on harm-reduction, abstinence and birth control, HIV/STD prevention, social behaviors, and consent.

[\*Native It's Your Game\*](#) (*Native IYG*) is a web-based HIV, STD, and pregnancy prevention curriculum for youth ages 12-14, developed by the University of Texas Health Science Center at Houston and partners. *Native IYG* is a self-guided electronic curriculum with interactive videos, animated features, online worksheets, and various activities. It includes 13 lessons that should typically take one class period each. While this curriculum was specifically designed for AI/AN youth, partners can implement it with all youth. [Enroll/log](#) in to view the curriculum here.

Contact Cardea for more information about these or any other curricula. For the full list of curricula our partners use, visit the [WA PREP website](#).



Visit us at:

<http://www.waprepforhealthyyouth.org/>  
Questions? Contact Michelle Daugherty:  
[waprep@cardeaservices.org](mailto:waprep@cardeaservices.org)

sexual violence. One key strategy is to focus on [preventing potential perpetration](#) of sexual harassment and assault, rather than talking only about ways to avoid being a victim. [The CDC](#) identifies a range of risk factors that play a prominent role in the perpetration of sexual violence, including **societal norms** that reinforce harmful gender stereotypes and excuse sexual violence. While there is less evidence about how to change these norms, here are some strategies to try.

1. Learn and teach about sexual violence and gender stereotypes. Several WA PREP curricula include lessons on these topics; contact Cardea for more information.

2. Add key messages to your curriculum that focus on preventing potential perpetration, such as a statement that [affirmative consent](#) (a clear “yes”) is needed before for any sexual contact. Repeat this message throughout your curriculum and beyond. Add a debrief question to role-play activities asking how a person would know whether or not affirmative consent has been given.

3. Practice recognizing and intervening in comments and behaviors that reinforce gender stereotypes, especially those that describe men as superior and women as inferior, men as entitled to sex and women as sexually submissive, and men as not responsible for violent or aggressive actions (e.g., [“boys will be boys”](#)).

For more information about the Sex Ed response to #MeToo, see [#TeachThem](#).

WA PREP lessons offer an essential opportunity to discuss #MeToo and issues of sexual violence. Contact Cardea for additional ideas on how to address this topic with youth.

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**Our mailing address is:**

1809 Seventh Avenue Suite 600

Seattle, WA 98101

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