



Native VOICES

Program Components

- 23 minute video shows Native actors in situations that American Indian/Alaska Native (AI/AN) youth can find relatable
- Demonstrates condom negotiation and acquisition
- Demonstrates the importance of talking about STIs with sexual partners
- Designed to be used in diverse tribal settings
- Grounded in Theory of Reasoned Action

Evaluation Findings

- 98% thought the video was culturally appropriate for AI people
- 73% felt more likely to get tested for HIV/STIs
- 66% felt more likely to use condoms

Intended Audience

- AI/AN young adults 15-24 years old
- Heterosexual and LGBTQ youth
- Clinics, schools, treatment centers and community-based programs

Adult Preparation Subjects

Healthy Relationships

- Talking to your partner about sex
- Improving condom negotiation skills

Healthy Life Skills

- Defining and enforcing personal values
- Accessing condoms/ STD testing

Source: Native VOICES User's Guide.

[ucdenver.edu/academics/colleges/PublicHealth/research/centers/CAIANH/journal/Documents/Volume%2023/Craig_Rushing_23\(1\)_Native_VOICES_24.pdf](https://ucdenver.edu/academics/colleges/PublicHealth/research/centers/CAIANH/journal/Documents/Volume%2023/Craig_Rushing_23(1)_Native_VOICES_24.pdf)

Curriculum Overview

Curriculum	Objectives
<p>Option 1: Show the video beginning to end without facilitation. The entire intervention will take approximately 35 minutes Ideal for individuals or groups with limited time</p>	<p>Explain the proper steps to using a condom and a dental dam Describe where one can get condoms or STD testing</p>
<p>Option 2: Show the video beginning to end, followed by a 45 minute discussion The entire intervention will take approximately 1 hour and 15 minutes Ideal for groups requiring a single-session intervention</p>	<p>Explain the proper steps to using a condom and a dental dam Describe where one can get condoms or STD testing Suggest talking points with a partner when discussing condoms List personal rules / boundaries for a dating or sexual relationship Set a personal goal for life</p>
<p>Option 3: Five one hour sessions. Show a short segment of the video each session followed by a 45 minute discussion The entire intervention will include five one-hour sessions Ideal for small or large groups that can meet multiple times</p>	<p>Explain the proper steps to using a condom and a dental dam Describe where one can get condoms or STD testing Describe STD statistics Practice convincing a friend about the importance of protection Practice talking to a partner about getting STD testing Brainstorm solutions to obstacles partners say about using condoms List personal rules / boundaries for a dating or sexual relationship Set a personal goal for life Discuss characteristics of a healthy relationship</p>