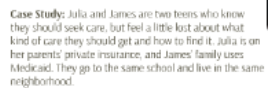
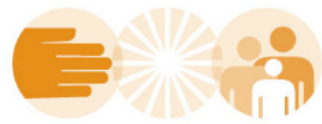


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Housekeeping

Presenters:



Healthy Teen Network

MAKING A DIFFERENCE IN THE LIVES
OF TEENS AND YOUNG FAMILIES

Alexandra Eisler

Becky Griesse



The National Campaign
to Prevent Teen and Unplanned Pregnancy



Focusing Objective: *Your mission, should you choose to accept it, is to find quality, youth-friendly ways to make sure teens can connect with a clinician.*



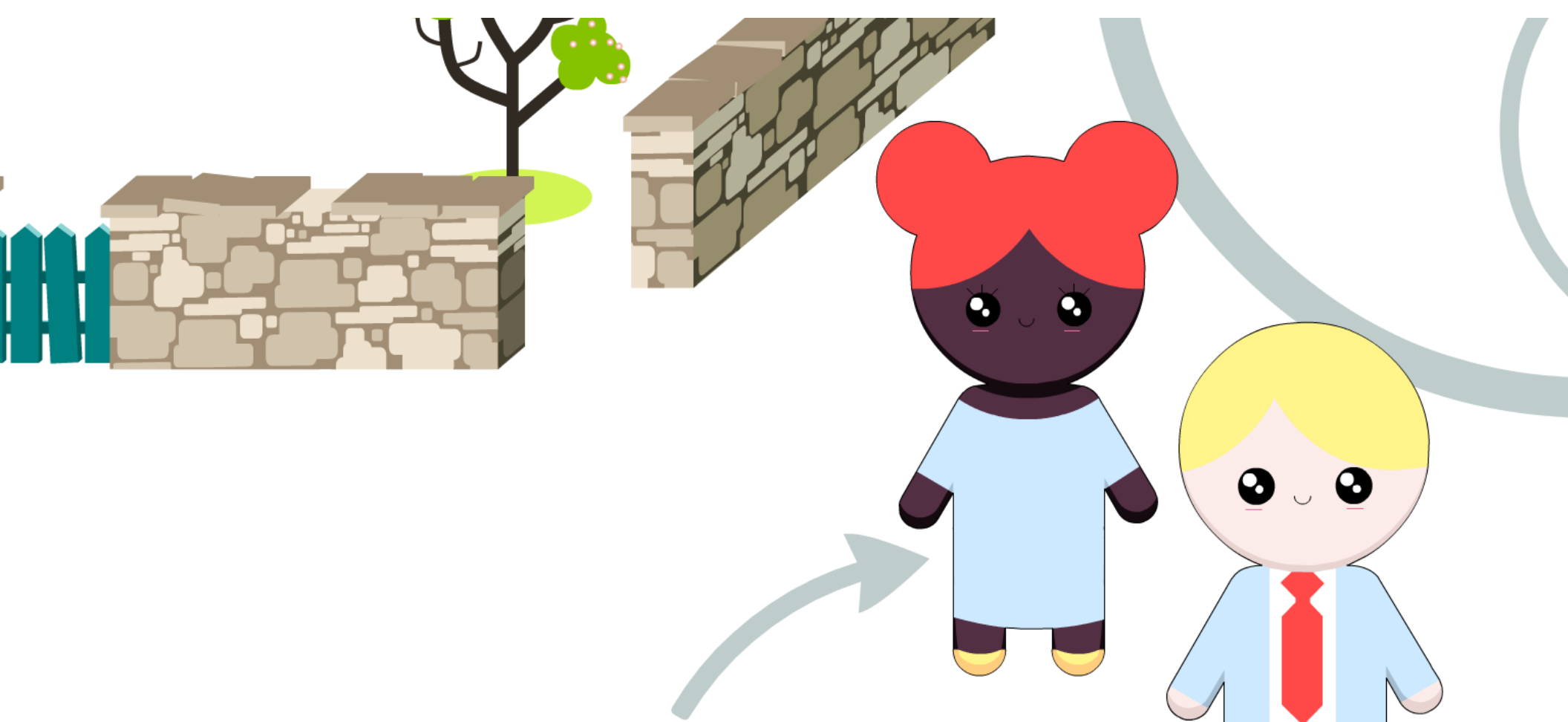
Learning Objectives:

- Identify at least three services youth can access as part of the Affordable Care Act (ACA).
- Identify at least three characteristics of teen-friendly clinics/clinical services.
- Describe at least one way their programming can link teens to clinical services.

Thank you to
FYSB for making
this Webinar
possible!

Poll: What best describes how you felt about going to the doctor when you were a teen?

- Something you were curious about
- A necessary evil
- A rite of passage
- Some other way



Case Study: Julia and James are two teens who know they should seek care, but feel a little lost about what kind of care they should get and how to find it. Julia is on her parents' private insurance, and James' family uses Medicaid. They go to the same school and live in the same neighborhood.

Setting the Stage:

- Adolescents need to learn how to access health care in general.
- ACA makes accessing care easier with broad coverage and more services available with no copay!

Poll:

Regarding their sexual and reproductive health, assessments indicate teens like Julia and James most often say they:¹

- Don't know where to go for contraception and reproductive care
- Don't know what services are available to them
- Don't know their rights to access contraceptive and reproductive health care
- All of the above

1. Avellino, L., & Eisler, A. (2013). "Keep it simple": Linking teens to sexual health care (Webinar).

make sure youth have

- Information about
- Information on testing are available offered at clinics
- Resources youth-friendly



Poll:

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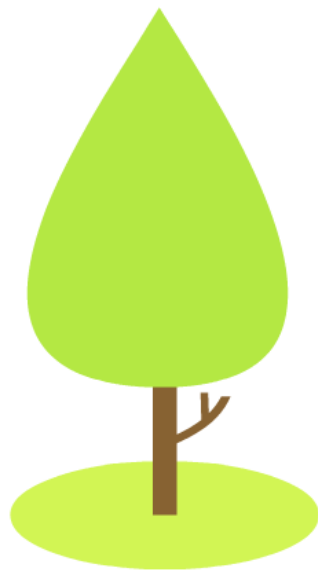
Call to Action:

Frontline staff and service providers should make sure youth have the following:

- Information about their rights to seek care;
- Information on what contraception and testing are available, and other services offered at clinics; and
- Resources on where and how to find a youth-friendly clinic.

Essential Health Benefits of ACA²

- Ambulatory patient services;
- Emergency services;
- Hospitalization;
- Maternity and newborn care;
- Mental health and substance use disorder services, including behavioral health treatment;
- **Prescription drugs;**
- Rehabilitative and habilitative services and devices;
- **Laboratory services;**
- **Preventive and wellness services and chronic disease management;** and
- **Pediatric services, including oral and vision care.**

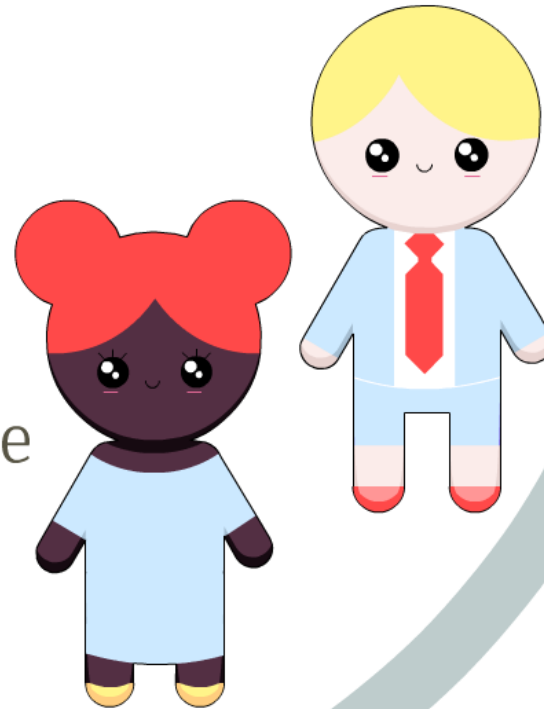


2. Essential health benefits. (n.d.). Retrieved July 22, 2014, from HealthCare.gov: <https://www.healthcare.gov/glossary/essential-health-benefits/>

Poll:

Based on James' and Julia's interest in seeking sexual/reproductive care services, which of the following do you think they could access via ACA without a copay?

- STI screening
- Birth control
- HPV vaccine
- All the of the above



Sexual & Reproductive Services for Adolescents:^{3, 4, 5}

- **Cervical dysplasia screening** (sexually active females);
- **HIV screening** (ages 15-65 and adolescents at higher risk);
- **HPV vaccine** (check state requirements for parental notification);
- **STI prevention counseling and screening** (adults & adolescents at higher risk);
- **Cervical cancer screening** (sexually active women);
- **Contraception** (as prescribed, excluding plans offered by exempt “religious employers”); and
- **Well-woman visits**, including pap smears and pelvic exams.

3. Preventive care benefits: Preventive health services for adults. (n.d.). Retrieved July 22, 2014, from HealthCare.gov: <https://www.healthcare.gov/what-are-my-preventive-care-benefits/adults>

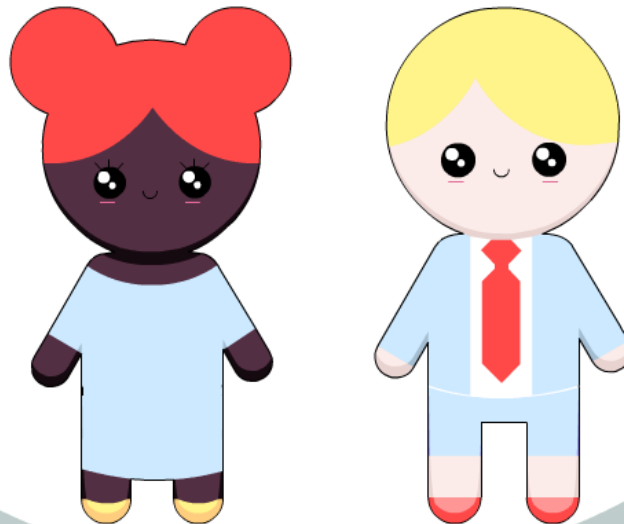
4. Preventive care benefits: Preventive health services for women. (n.d.). Retrieved July 22, 2014, from HealthCare.gov: <https://www.healthcare.gov/what-are-my-preventive-care-benefits/women>

5. Preventive care benefits: Preventive health services for children. (n.d.). Retrieved July 22, 2014, from HealthCare.gov: <https://www.healthcare.gov/what-are-my-preventive-care-benefits/children>

Poll:

Julia feels OK about finding a provider, and James knows it is important but wants to know more about youth-friendly clinics. Which of the following is not a characteristic of youth-friendly clinics?

- Offer clear information about patients' right to confidentiality
- Open at convenient times and may offer walk-in hours
- Explain information in simple language and answer questions
- Will not send explanation of benefits (EOBs) to family/policy holder

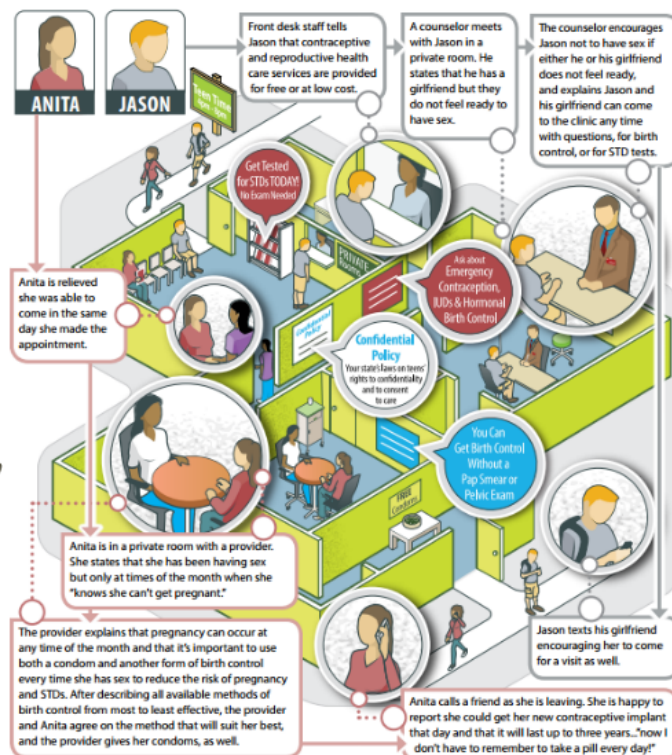


Not Any Clinic Will Do! Youth-Friendly Services

- Confidentiality,
- Privacy,
- Consent,
- Accessibility,
- Cultural and linguistic appropriateness,
- Comprehensive services, and
- Parent/guardian involvement.

A Teen-Friendly Reproductive Health Visit

Two teen-friendly reproductive health visits: one for a sexually active female, and one for a male not yet having sex.



Learn more at www.cdc.gov/teenpregnancy/teenfriendlyhealthvisit.html

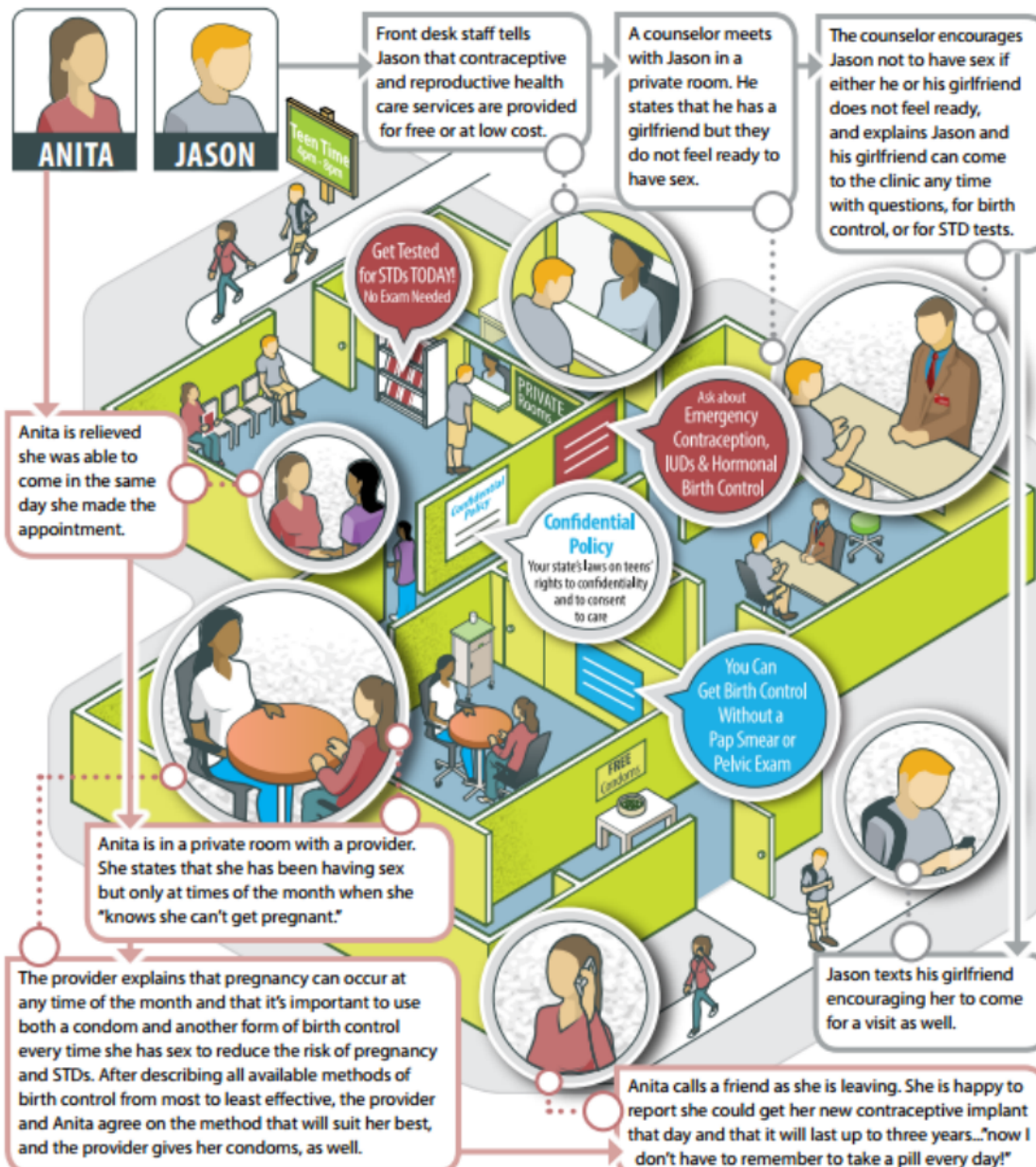
National Center for Chronic Disease Prevention and Health Promotion
Division of Reproductive Health

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Big Road to Clinical Services

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How to "Bridge the Gap":

- Select **programs with activities that link teens** (e.g., *Reducing the Risk* has a clinic visit).
- Adapt programs to **include care-seeking activities** (e.g., clinic visits or investigating clinics about services).

- Integrate supplemental lessons/resources to demonstrate the value of and ease of seeking services (e.g., *Keep It Simple*).
- Promote **Websites with clinic locators and text reminders** (e.g., StayTeen, Bedsider, Teens in NYC, The Playbook).

- Encourage **clinical providers to use patient reminders** (e.g., Bedsider Providers).
- Establish **collaboration between clinical providers and school health personnel**.
- Use **mobile apps** that support clinic use (e.g., GCAPP gPower, Teens in NYC).
- Promote **local Websites** (e.g., The Playbook, Before Play Colorado).
- Engage youth in creative ways through **music, theater, and art**.

Using your chatbox, write a way that your project has linked teens to clinical care.

To know more, visit:

<http://www.hhs.gov/healthcare/facts/>

Youth access of services:

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2920783/>

Q&A?

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James & Julia

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Q&A?

